



## Consent Form and Confidentiality Agreement Form

**Cradled by love, hope, and healing** seeks to provide support to women and families experiencing the loss of a baby through miscarriage, stillbirth, early infant loss, or infertility. The Cradled Group Session is a confidential process designed to help you address your concerns in a safe and caring environment. This process involves a relationship between you and the group members and the group leaders to help you accomplish your individual goals while you attend the group sessions. This time together involves sharing sensitive, personal, and private information that can be distressing. During the course of the groups, there may be periods of increased anxiety, confusion, and grief. The outcome of these groups is often positive; however, the level of satisfaction for any individual is not predictable. Your group leaders, which may or may not be trained therapists, but have been trained to lead the Cradled groups, are available to support you throughout the group process.

**CONFIDENTIALITY: All interactions with Cradled by love, hope, and healing groups and individual support, content of meetings, and any records received are confidential. No record of group or individual support is contained in any academic, educational, or job placement file. You may request in writing that the Cradled board members or group leaders release specific information about your time with Cradled to persons you designate. Cradled by love, hope, and healing is not a counseling service and does not provide counseling or therapy services.**

**Cradled by love, hope, and healing does provide online support via the information on its website [www.cradled.org](http://www.cradled.org) and through its Facebook page [www.cradledbylovehopeandhealing.facebook.com](http://www.cradledbylovehopeandhealing.facebook.com).**

### EXCEPTIONS TO CONFIDENTIALITY:

- \* The Cradled staff works as a team. Your group leader may consult with other Cradled staff to provide the best possible support for you. The consultations are for professional and training purposes.
- \* If there is evidence of clear and imminent danger of harm to self and/or others, Cradled staff is legally required to report this information to the authorities responsible for ensuring safety.
- \* The law requires that staff of Cradled by love, hope, and healing who learn of, or strongly suspect, physical or sexual abuse or neglect of any person under 18 years of age must report this information to county child protection services.
- \* A court order, issued by a judge, would be required for Cradled staff to release information contained in records and/or require a staff member to testify in a court hearing.

We appreciate your efforts to arrive promptly for group sessions. Please notify your group leaders if you plan to miss or if you plan to be late. This notice will help your group leader plan most effectively for your group time.

There is no fee for Cradled services. If you are referred to another health, mental health, or substance abuse professionals you are responsible for their charges.

**I have read and discussed the above information with my group leaders. I understand the risks and benefits of the group sessions, the nature and limits of confidentiality, and what is expected of me as someone seeking support.**

\_\_\_\_\_  
*Signature of Group Member*

\_\_\_\_\_  
*Signature of Group Leader*

\_\_\_\_\_  
*Date*

*Emergency Contact name and number:* \_\_\_\_\_

***For more information, please contact:*** Rachel Craig (LPC)

254-855-5102 [rachel@cradled.org](mailto:rachel@cradled.org)